



The 22nd Annual Schuylkill River Trail Run and Loop Walk 2009

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All proceeds benefit the Schuylkill Canal Association

**DATE:** SCA's 27<sup>th</sup> Canal Day, June 28, 2009

**TIME:** Registration begins at 8:00 am at St. Michael's Park in Mont Clare. Follow the signs.  
Race/Walk begins at 9:00 am.

**LOCATION:** Start is at Lock 60 on the Schuylkill Canal Towpath just off Rt. 29, across the bridge from Phoenixville or 2 1/2 miles south of Rt. 422. Finish line is at the pavilion in St. Michael's Park. Parking is at St. Michael's Park at the end of Jacob St., Mont Clare. Follow the signs on Rt. 29.

**COURSE:** Run: A NEW COURSE THIS YEAR - a scenic 5-mile loop along the banks of the Schuylkill River and Canal and the ravine and bluffs in beautiful Upper Providence Township, Montgomery County. A challenging trail run with varying difficulty. Several water crossings add to the thrills, along wooded natural terrain.  
Walk: Start off at Lock 60, walk 1-mile to Rt. 29 along Towpath Road looping around to Jacobs St., follow Jacobs St. to the finish line in St. Michael's Park to complete a scenic 2-mile loop walk. Maps will be provided the day of the event or upon request.

**ENTRY FEE:** \$15 pre-entry, \$20 on race day. T-shirts, Canal Day Programs and other stuff will be provided to the first 100 entrants. Walkers 14 years old or younger are free.

**AWARDS:** Runners and walkers: Top three finishers in all age groups; M & F 17 & under, 18 to 29, 30 to 39, 40 to 49, 50 to 59, and 60 & over.

**PREREGISTRATION:** Send check or money order made out to the *Schuylkill Canal Association* to:  
SCA, P.O. 966, Oaks, PA 19456

For more information or directions call SCA at 610-917-0021 or email [info@schuylkillcanal.com](mailto:info@schuylkillcanal.com).

*Other **27<sup>th</sup> Canal Day** highlights include canal vaulting, 5 mile canoe/kayak race, paddle boat races, canal jousting, kids games and crafts, fishing derby, kayak demos, live music throughout the day, food, the return of the highland games, and much more. For all the details about Canal Day, visit SCA's website at [www.schuylkillcanal.org](http://www.schuylkillcanal.org).*

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Despite what I will attempt to do, I feel that I am reasonably sane. Therefore, I or members of my family will not hold the Schuylkill Canal Association, Montgomery County, Upper Providence Township, and any property owners along the course liable for any injury that may result, directly or indirectly, from the race or walk.

I plan to participate in: Schuylkill River Trail Run \_\_\_\_\_ Loop Walk \_\_\_\_\_

NAME \_\_\_\_\_ AGE \_\_\_\_\_ SEX \_\_\_\_\_

ADDRESS \_\_\_\_\_ PHONE \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

EMAIL \_\_\_\_\_

SIGNATURE OF RUNNER/WALKER \_\_\_\_\_

PARENT OR GUARDIAN (if under 18) \_\_\_\_\_